

Pram Liner Pattern

Uppababy Vista & Alta



A stylish and practical pattern
that will make your pram stand out from the crowd

Includes Patterns For:

- Pram liners with non slip straps and velcro
- Strap covers
- Belly bar cover



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Use a 1/2" seam allowance unless otherwise specified.
(Seam allowances are included in pattern pieces)



Materials Required

	Fabric Requirement	Type of Material
VISTA TODDLER & RUMBLE The fabric requirement includes allowance for both pram liners, 2 sets of strap covers and 2 belly bar covers.	125cm (1.4 yards) For each liner side	Quilting Cotton, Flannel, Minky
VISTA TODDLER The fabric requirement includes allowance for the pram liner, strap covers and belly bar cover.	105cm (1.2 yards) For each liner side	Quilting Cotton, Flannel, Minky
VISTA RUMBLE The fabric requirement includes allowance for the pram liner, strap covers and belly bar cover.	95cm (1.1 yards) For each liner side	Quilting Cotton, Flannel, Minky
ALTA The fabric requirement includes allowance for the pram liner, strap covers and belly bar cover.	100cm (1.1 yards) For each liner side	Quilting Cotton, Flannel, Minky
PUL (Optional)	As per measurements above	Waterproof Fabric
Wadding	As per measurements above	Polyester, Cotton, Bamboo, Foam
Plastic KAM Snaps	6 sets of snaps per pair of strap covers 8 sets of snaps per belly bar cover 4 sets of snaps for the non slip straps per liner	
Velcro (for non slip foot well)	1" wide, 8 1/2" lengths of both hook and loop	

Copyright Info

Please do not copy this pattern in any way.

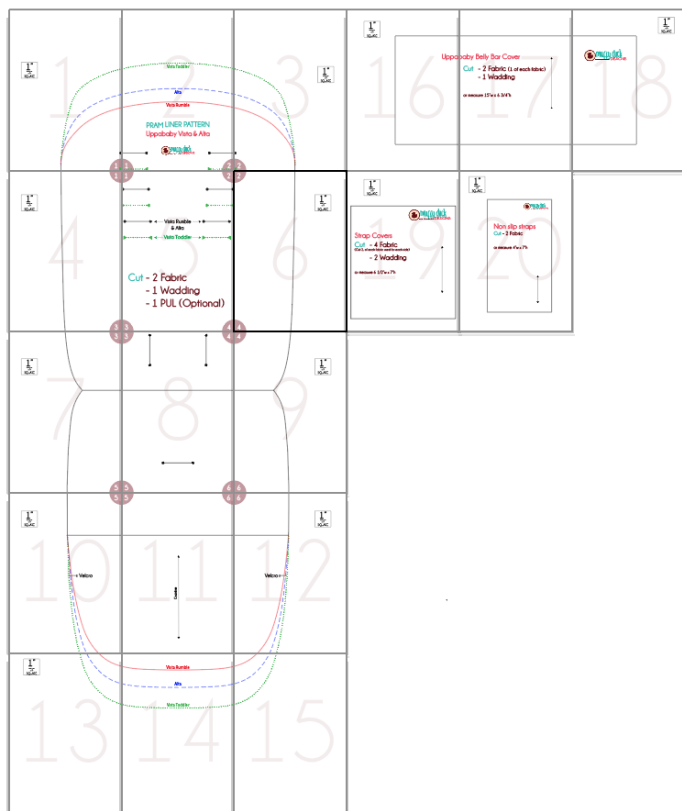
Do not send/email this to your friends, family etc.

Please respect the hours of work I have put into this pattern and direct them to my shop to purchase a copy of the pattern for themselves.

This pattern is for personal use and small businesses to hand make items to sell on Facebook, Etsy, markets etc.

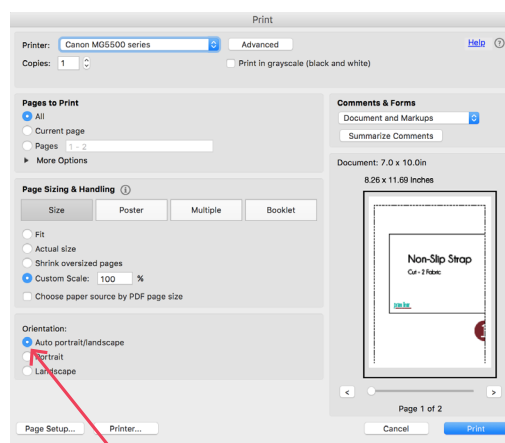


Printing the pattern at home in A4 size



- Go to the folder where you saved the downloaded file and open up the file from there.
- Do not open the file in "preview mode", as this can throw off the scaling when trying to print.
- Make sure the page scaling is set to "Actual Size" or "100%".
- Print the first page and check the test square measures correctly before printing off the rest of the pattern.

STOP!!!!

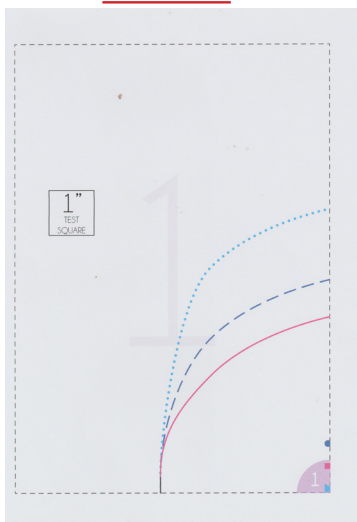


Make the sure page orientation is set to
****AUTO****

(Not Portrait or Landscape)

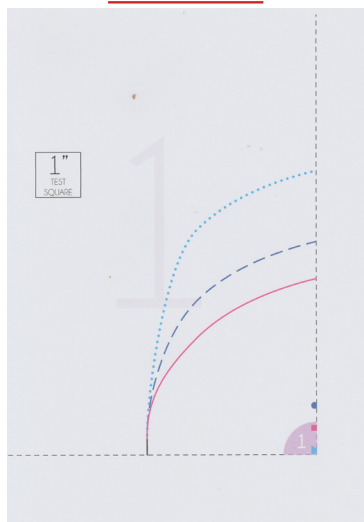
Note: This is the Print screen for a Mac, you may have to do a little searching to find where to alter the Orientation settings if using Windows.

CORRECT



This is what a printed page should look like, with a dashed box around the pattern piece, centred in the middle of the page.

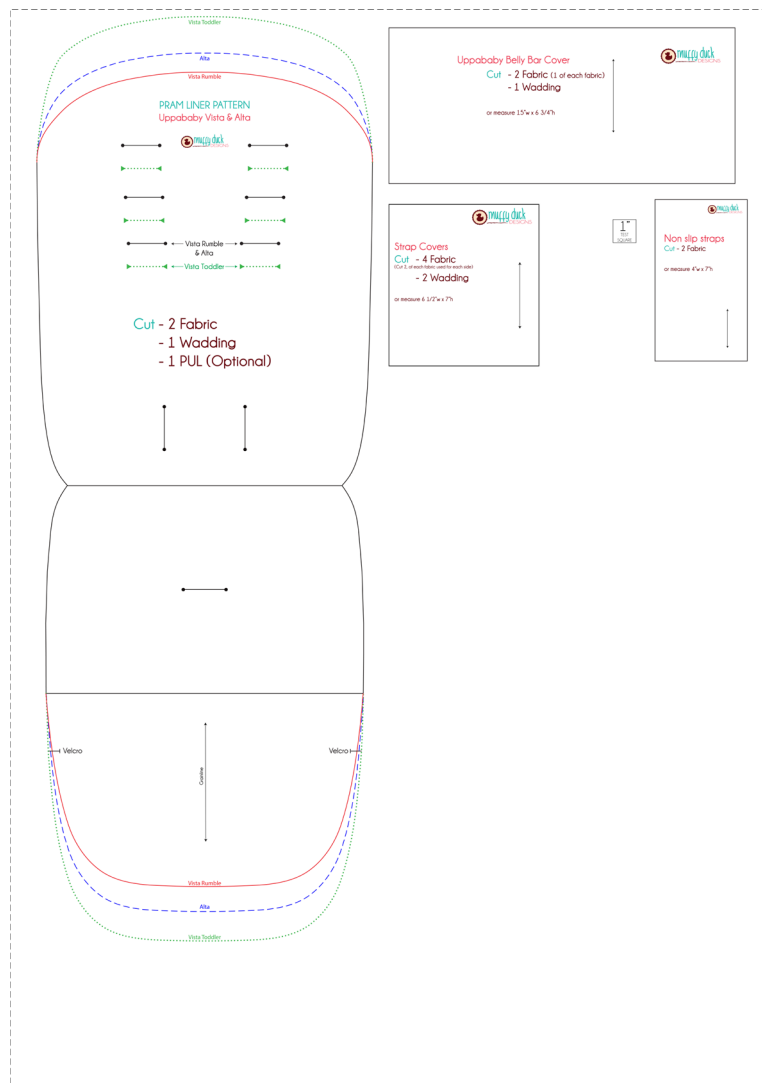
INCORRECT



In this picture, the printer orientation settings have printed in "portrait" which moves the pattern into the top left corner of the page, causing some of the pattern piece to be cut off.



Printing the pattern in A0 size



Save the A0 FILE.pdf file onto a USB and take it into a copy shop, or email the file directly to the copy shop.

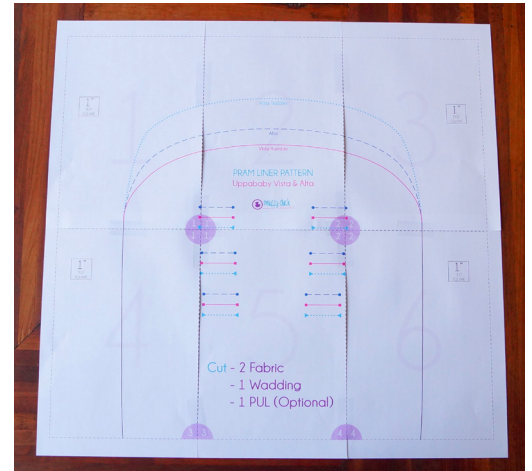
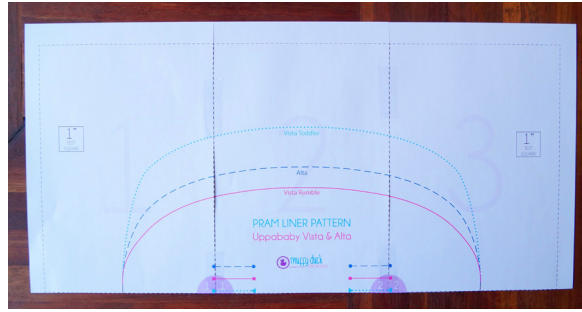
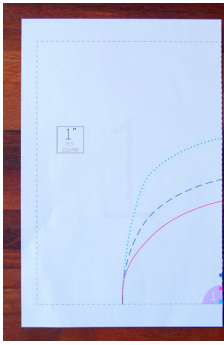
Ask for:

- A0 format
- Plan printing
- Black and white
- 100% (No scaling)

Take a ruler with you to pick up the printed pattern, and measure the test square before leaving the shop. The cost will be around \$4 - \$6 AUD per sheet, this pattern will fit on one A0 sheet.



Taping the pattern together



For pages 1 - 15

- Cut along the right side of the page along the dashed line.
- Leave the rest of the edges uncut for now.
- The left edge of the page will be used as a paper tab to stick the next page to.
- When lining up the pattern pieces; line up the circles, the dashed line and the pattern elements.
- Do the best you can to make sure everything lines up correctly, you may not always be able to get it 100% perfect and a few mm's out is ok, but if it is cm's out there may be something wrong.
- Once pages 1, 2 and 3 are taped together, cut along the bottom edge of the dashed line box, along all of the pages. Leave the top uncut.
- Repeat this process for each row of pattern pieces, cutting off the bottom and leaving the top on each row.
- Tape all the rows together lining up the bottom cut edge of one row to the uncut top edge of the next row.
- Once all the rows are taped together you may choose to cut out the pattern directly, or trace off the pattern and cut that out.

Pages 16, 17, 18

- Cut along the right side of pages 16 and 17. Tape pages 16 - 18 together. Cut out pattern pieces.

Page 19 & 20

- These are stand alone pattern pieces Cut out the pattern pieces.

Take an Awl or sharp pointy tool and poke holes through the paper pattern piece, through the dots at each end of the buttonhole positions. This will enable a pen to be poked through the holes and marks transferred onto the fabric.



What to use for padding?

There are several different options that can be used to pad the liner

1. Polyester Wadding
2. Cotton/Bamboo/Quilting Wadding
3. Foam

There is no set rule for what to use for the padding, it comes down to personal preference and what you can source. I have had some clients say they wouldn't want a polyester wadding as it is man made and doesn't breathe as well, which is correct, but depending on the thickness it sits up well and is a cheaper option.

Cotton/bamboo/quilting waddings are more natural and have better breathing qualities, but are thinner and can cause the liner to flop and sag in your pram. I have not used foam myself but I have seen liners made using foam and they look like they sit up well. Alternatively, if you have something suitable around your home that you would like to use, then that would also be OK.

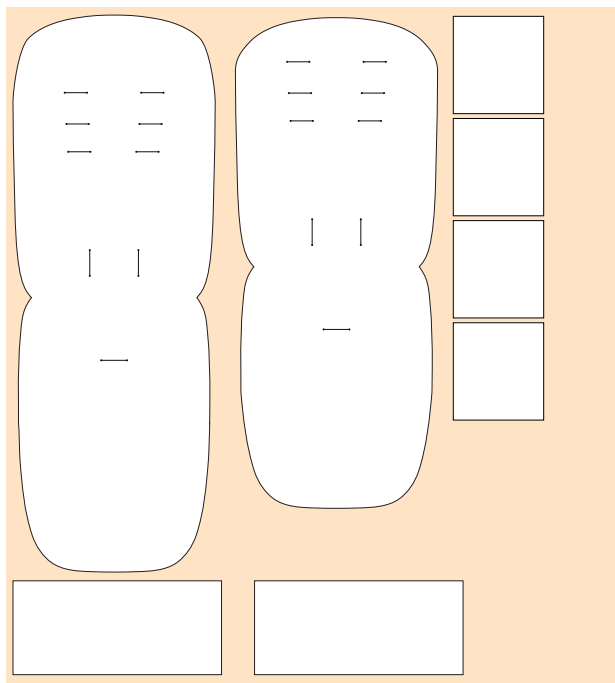
Choosing fabric

Combinations of fabrics

- Use the same fabric for both sides
- Have a different pattern cotton fabric for each side
- Have one side cotton for summer, and minky or flannel on the other side for the winter months
- Add a layer of PUL (Waterproof fabric)

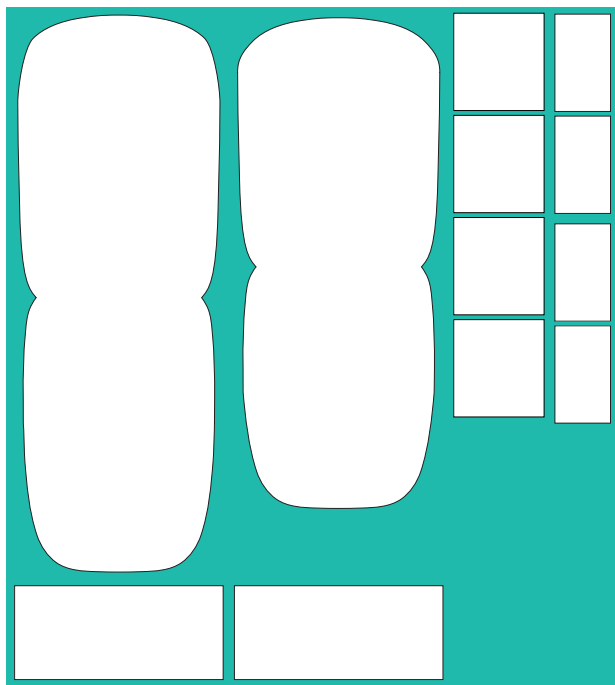


Cutting out fabric - Vista toddler & rumble seats



Cutting Guide	Fabric Side A	Fabric Side B	Wadding	PUL (Waterproof)
Pram liner - Toddler seat (Print)	1	1	1	1 (Optional)
Pram Liner - Rumble seat (Print)	1	1	1	1 (Optional)
Strap covers x2 pairs (Print or measure: 6 1/2"w x 7"h)	4	4	4	4 (Optional)
Belly bar cover x2 (Print or measure: 15"w x 6 3/4"h)	2	2	2	
Non slip straps (for both seats) (Print or measure: 4"w x 7"h)	4			

- Pin the paper pattern pieces to the first fabric and cut around.
 - « Choose the cotton fabric, as it is easiest to mark.
 - « Ideally you want it to be the lightest colour fabric so the dots are visible when marked.
- Mark the strap hole dots, using an erasable marker, through the holes in the paper.
 - « There is no need to mark the strap hole dots, on the second fabric piece for each seat.
- Draw a line between the dots.



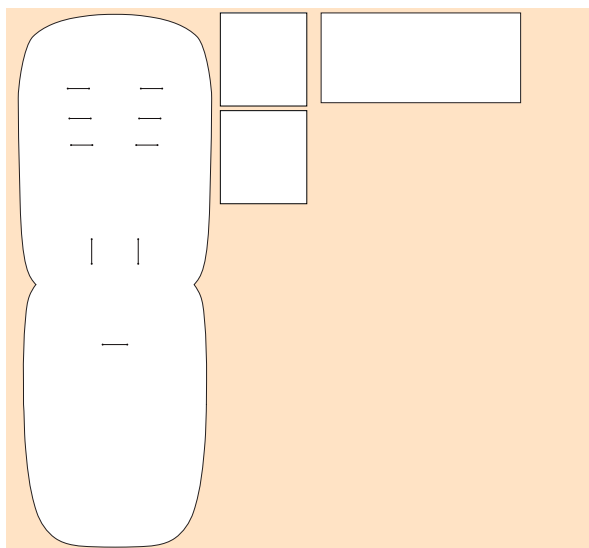
Cutting wadding and PUL

I find it easier to use one of the fabric pieces you have cut out to use as your template for cutting the wadding and PUL, as it clings to the fabrics better and makes for ease of pinning and cutting.

- Lay liner fabric on PUL/Wadding, pin and cut around.

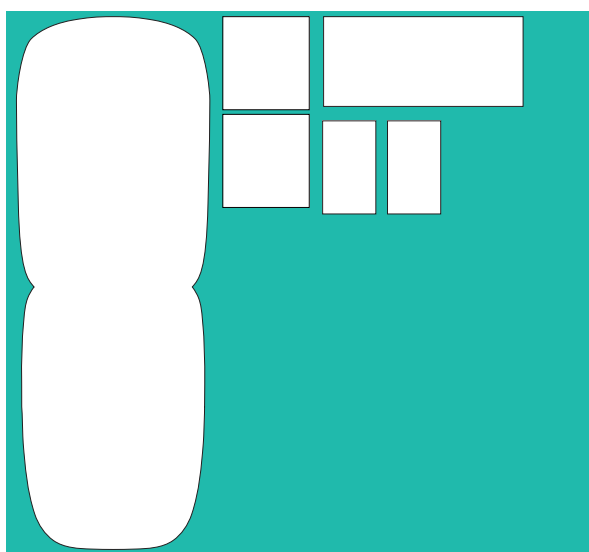


Cutting out fabric - Vista toddler seat



Cutting Guide	Fabric Side A	Fabric Side B	Wadding	PUL (Waterproof)
Pram liner - Toddler seat (Print)	1	1	1	1 (Optional)
Strap covers (Print or measure: 6 1/2"w x 7"h)	2	2	2	2 (Optional)
Belly bar cover (Print or measure: 15"w x 6 3/4"h)	1	1	1	
Non slip straps (Print or measure: 4"w x 7"h)	2			

- Pin the paper pattern pieces to the first fabric and cut around.
 - « Choose the cotton fabric, as it is easiest to mark.
 - « Ideally you want it to be the lightest colour fabric so the dots are visible when marked.
- Mark the strap hole dots, using an erasable marker, through the holes in the paper.
 - « There is no need to mark the strap hole dots, on the second fabric piece for each seat.
- Draw a line between the dots.



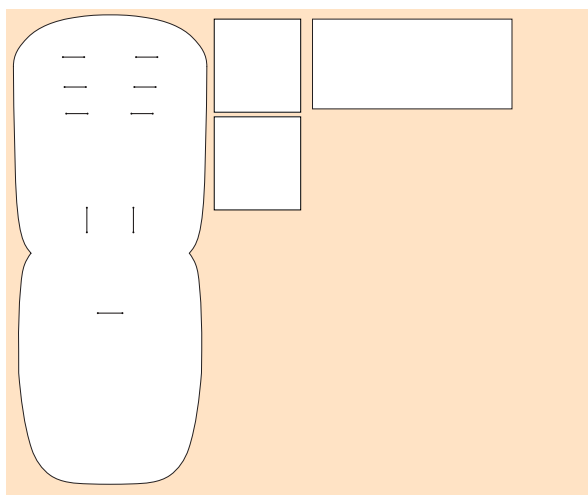
Cutting wadding and PUL

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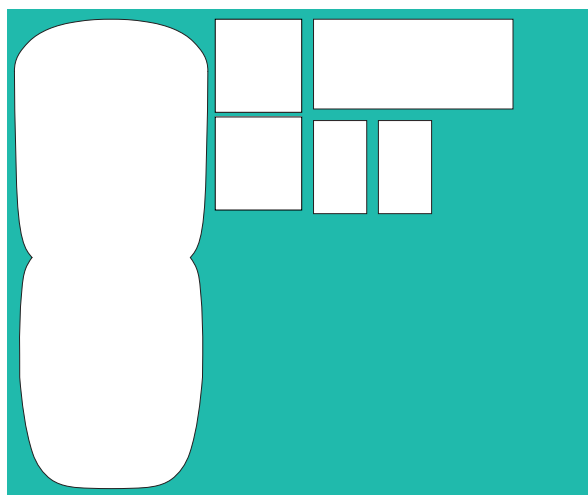
- Lay liner fabric on PUL/Wadding, pin and cut around.



Cutting out fabric - Vista rumble seat



Cutting Guide	Fabric Side A	Fabric Side B	Wadding	PUL (Waterproof)
Pram liner - Rumble seat (Print)	1	1	1	1 (Optional)
Strap covers (Print or measure: 6.5"w x 7"h)	2	2	2	2 (Optional)
Belly bar cover (Print or measure: 15"w x 6 3/4"h)	1	1	1	
Non slip straps (Print or measure: 4"w x 7"h)	2			



- Pin the paper pattern pieces to the first fabric and cut around.
 - « Choose the cotton fabric, as it is easiest to mark.
 - « Ideally you want it to be the lightest colour fabric so the dots are visible when marked.
- Mark the strap hole dots, using an erasable marker, through the holes in the paper.
 - « There is no need to mark the strap hole dots, on the second fabric piece for each seat.
- Draw a line between the dots.

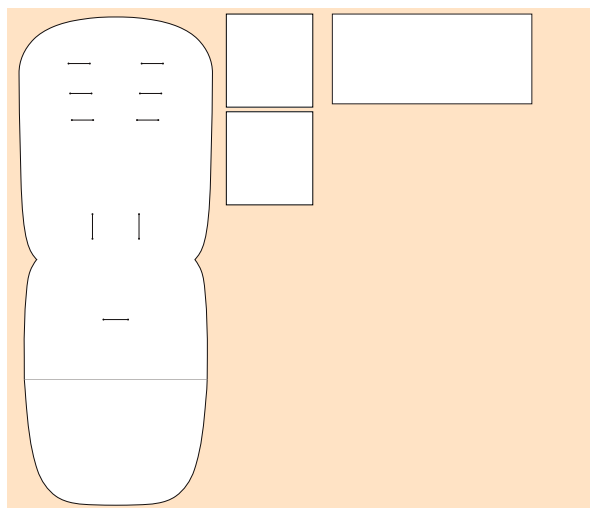
Cutting wadding and PUL

I find it easier to use one of the fabric pieces you have cut out to use as your template for cutting the wadding and PUL, as it clings to the fabrics better and makes for ease of pinning and cutting.

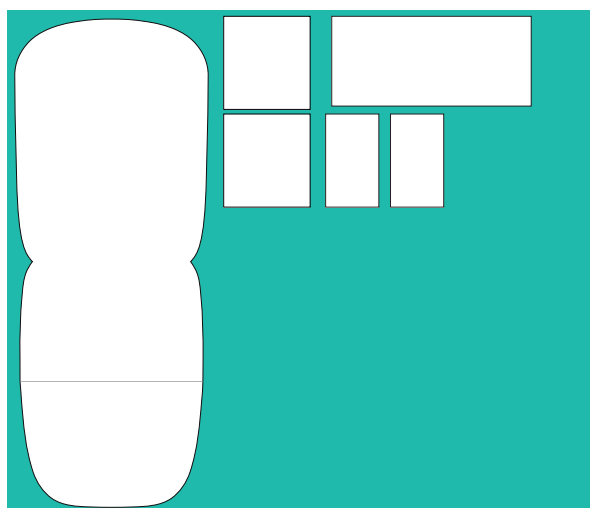
- Lay liner fabric on PUL/Wadding, pin and cut around.



Cutting out fabric - Alta



Cutting Guide	Fabric Side A	Fabric Side B	Wadding	PUL (Waterproof)
Pram liner - Alta (Print)	1	1	1	1 (Optional)
Strap covers (Print or measure: 6.5"w x 7"h)	2	2	2	2 (Optional)
Belly bar cover (Print or measure: 15"w x 6 3/4"h)	1	1	1	
Non slip straps (Print or measure: 4"w x 7"h)	2			



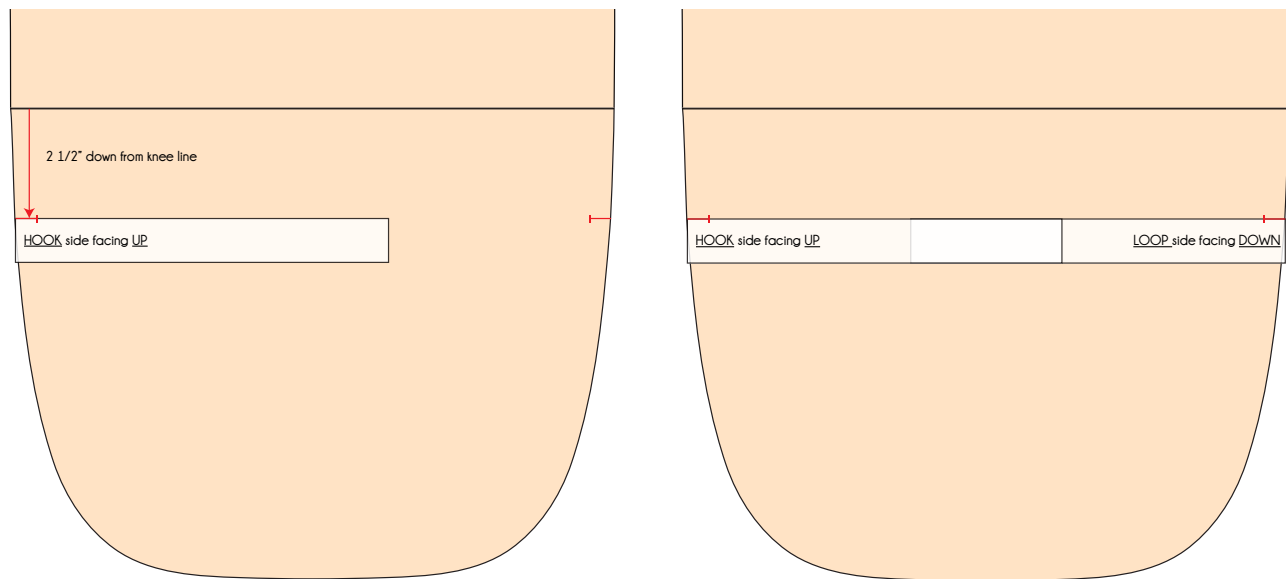
- Pin the paper pattern pieces to the first fabric and cut around.
 - « Choose the cotton fabric, as it is easiest to mark.
 - « Ideally you want it to be the lightest colour fabric so the dots are visible when marked.
- Mark the strap hole dots, using an erasable marker, through the holes in the paper.
 - « There is no need to mark the strap hole dots, on the second fabric piece for each seat.
- Draw a line between the dots.

Cutting wadding and PUL

I find it easier to use one of the fabric pieces you have cut out to use as your template for cutting the wadding and PUL, as it clings to the fabrics better and makes for ease of pinning and cutting.

- Lay liner fabric on PUL/Wadding, pin and cut around.

Non slip velcro for the footwell



- Cut 8 1/2" lengths of both hook and loop velcro
- Lay one pram liner fabric piece right side facing up.
- Take the hook velcro and lay right side facing up on the left side of the fabric, lining up the top of the velcro to the mark you transferred from the pattern piece. This mark should be 2 1/2" down from the knee line.
- Pin and/or baste stitch in place.
- Take the loop (fluffy) velcro and turn it over so the loop side is facing down, align to the right edge of the liner, with the top edge of the velcro aligned with the mark.
- Pin and/or baste stitch in place.
- Take the remaining pram liner fabric piece and lay right side facing down on top, sandwiching the velcro in between the two layers.
- Pin together around all edges of the liner.



Pinning the layers together

Pin the two outer fabrics **RIGHT** sides together.

(You may have already done this if you added the non slip velcro to the foot well).

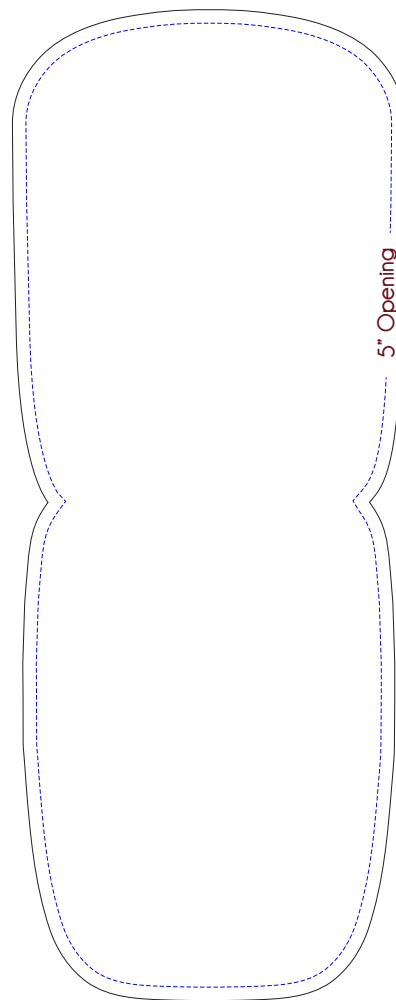
WATERPROOF LAYER

- « Lay down the PUL layer (if using).
- « Lay your two outer fabrics on top (already pinned together).
- « Adjust pins to include the PUL layer so there are now three layers pinned together (the PUL will be pinned to the wrong side of one of the outer fabrics).

1. Lay down the Wadding layer.
2. Lay the two outer fabrics and PUL on top (these are already pinned together).
3. Adjust pins to include the wadding so there are now 4 layers pinned together (3 if you are not using PUL).



Sewing the layers together



1. Sew around the entire edge of the liner, stopping 5" from where you started to leave a 5" hole to turn your liner right sides out.
2. Trim seam allowances to 1/4" on the curved corners.
3. Gently pull the fabric through the 5" hole so the liner now has fabric right side out.
4. Roll the seam between your fingers and use pins or clips to secure the even turned out seam .
5. Turn both the fabric edges of the gap under 1/2", before pinning together to close the gap.
6. Sew a line of topstitching around the entire edge of the liner at 1/2" from the edge. (I like the look of the 1/2" top stitching, but it won't catch the folded under edge of the opening so you will need to handstitch to neaten)

Sewing buttonholes for strap holes

There are two options to create the holes for the pram straps to go through

1. Buttonhole
2. Zigzag stitch
 - « Your sewing machine should come with a Buttonhole Foot. If not, you can use your regular sewing foot
 - « The next thing to check is whether your machine has an Auto One-Step Buttonhole, or a Manual Four-Step Buttonhole

If your sewing machine is computerised and has an Auto One-Step Buttonhole, this will make things tricky as it will only allow you to do a maximum length buttonhole, and as I understand it, you cannot override this measurement. If that is the case, you will need to use a Zig-Zag stitch to create the strap holes.

If your sewing machine has a Manual Four-Step Buttonhole, you can use this to make the holes for the straps, as you can make the buttonhole any length you like.

Once the buttonholes have been sewn, take a seam ripper and/or scissors and cut a hole along the centre of the buttonhole. Make sure you are careful not to cut the stitching.

Buttonhole Video Tutorials

VIDEO TUTORIALS to explain how to sew the buttonholes for the strap holes

Non-Computerised Machines

Creating a Buttonhole Using the Manual 4 Step Function

<https://vimeo.com/149208417>

Computerised Machines

Creating A Buttonhole Using a Zig Zag Stitch

<https://vimeo.com/149210586>

How to Override the Automatic Buttonhole Function on a Computerised Sewing Machine

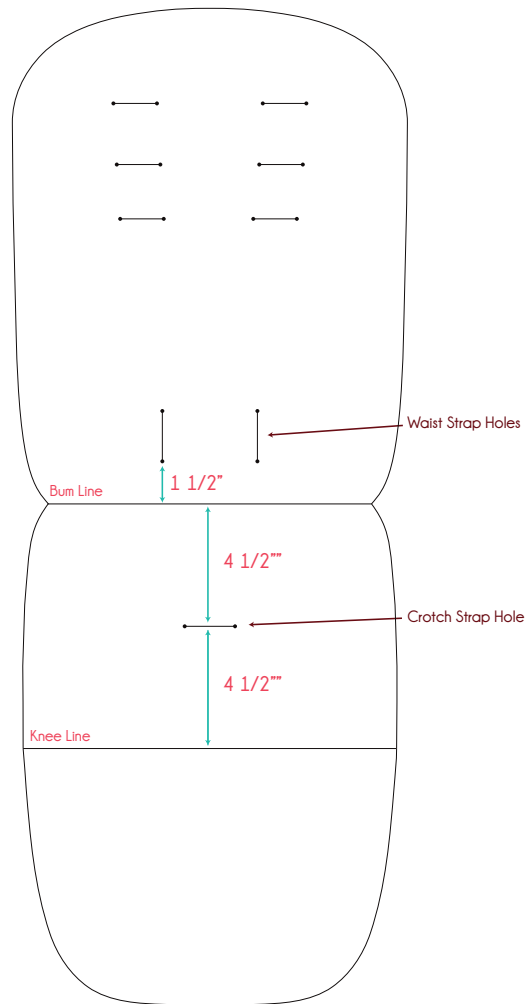
<https://www.youtube.com/watch?v=agrzZ0xfk4Q>

Cutting The Hole For The Strap Hole

<https://vimeo.com/149601409>

Finishing lines

These measurements are the same for all pram models



BUM LINE

To finish off the pram liner, sew a line of stitching between the waist and the crotch strap holes. This line of stitching will help the liner to sit in the base of the seat.

- Measure down 1 1/2" from the bottom of the waist strap holes.
- Measure up 4 1/2" from the crotch strap hole.
- Mark line with an erasable marker.
- Sew along the line.

KNEE LINE

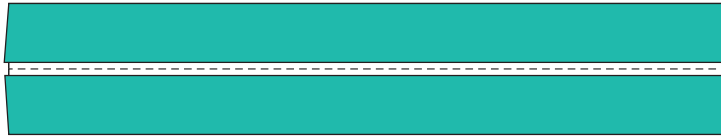
You may also like to sew a line of stitching that sits under the knees where the liner bends to drop down into the foot well.

- Measure down 4 1/2" from the crotch strap hole.
- Mark line with an erasable marker.
- Sew along the line.

Non slip straps - Construction



- Take one of the non slip strap fabric pieces and fold in half lengthwise to find the centre.
- Press.



- Open the fabric out, fold each long raw edge into the middle so the raw edges meet in the centre.
- Press.



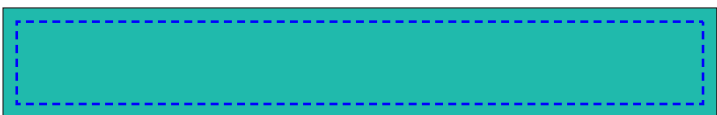
- Fold in half lengthwise again, this time the raw edges will be enclosed in the middle.
- Press.



- Open out, fold each short edge under 1/4".



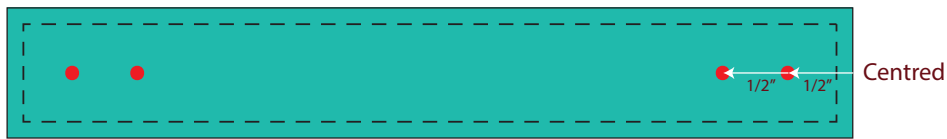
- Refold and press.



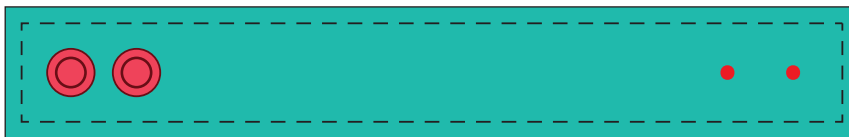
- Top stitch around the edge 1/8" from the edge.

Repeat for the remaining straps.

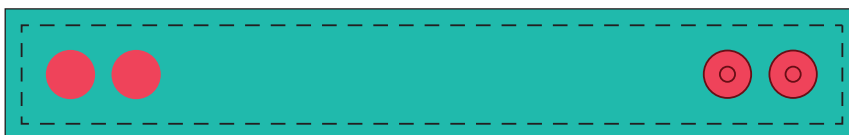
Non slip straps - Applying snaps



- At each end of the strap, mark the snap placement.
 - « The first 1/2" in from the short end.
 - « The second 1/2" further in, so 1" in from the short end.
- Repeat for the remaining strap/s.



- Install two male snaps at one end, both facing the same way.
 - « I like to use an Awl to poke a hole through the fabric first. Poke the snap cap with the prong through the hole and press the male component on using a press or hand pliers.

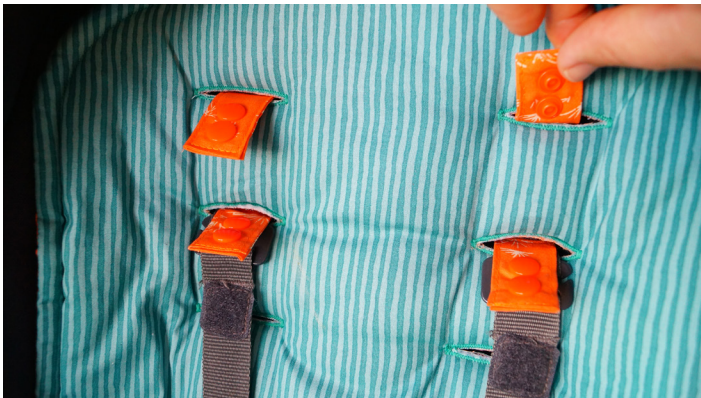


- Install two female snaps at the opposite end, both facing the opposite way through the fabric.
 - « The caps will be facing up from the male snaps at the other end.
- Repeat for the remaining straps.

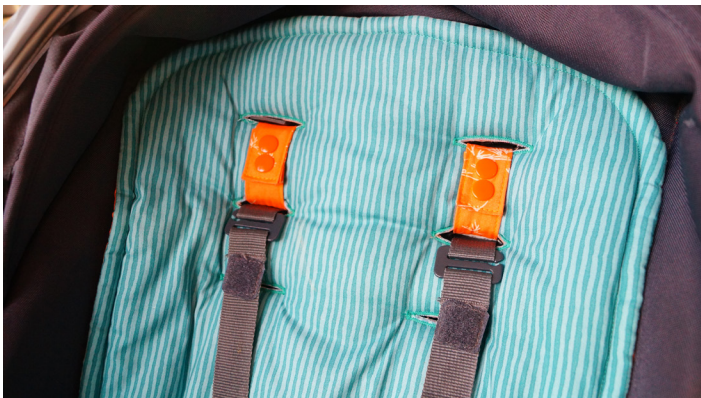
Installing the non slip straps



Take the non slip straps and feed them through the top and middle shoulder strap holes of the pram seat.

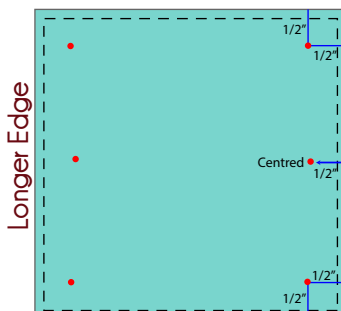
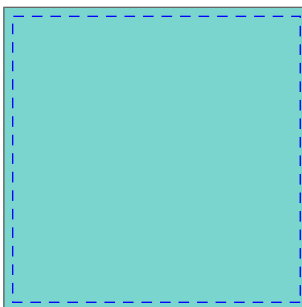
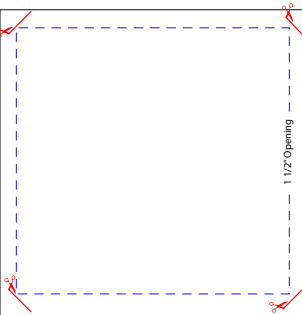
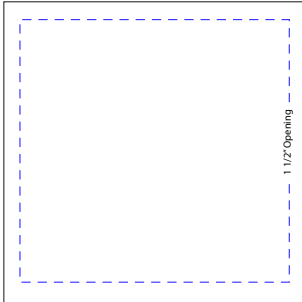
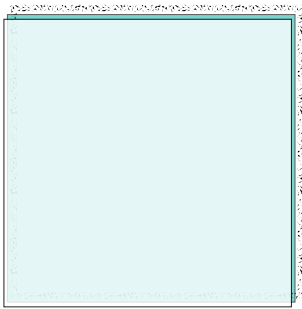


Install the pram liner onto the seat pulling the non slip straps through the top and middle shoulder strap holes of the liner.

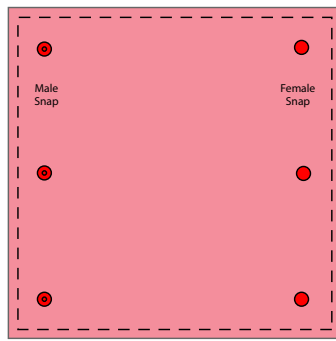


Snap the snaps together and your non slip straps are done.

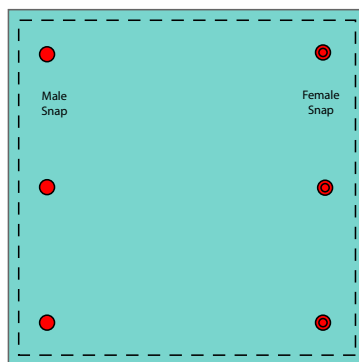
Strap covers



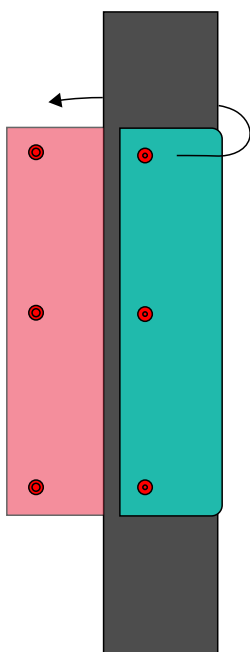
- Take 2 pram strap cover pieces (one of each fabric choice), place right sides together, and pin around the edges.
- Take 1 of the wadding strap pieces and pin to the back of the fabrics pinned in the previous step.
- Stitch around outer edge, leaving a 1 1/2" opening on one of the straight edges.
- Clip the corners on a diagonal, and trim the seam allowance to 1/4" except for the opening.
- Gently pull the fabric through the opening so the right sides are now on the outside.
- Use a blunt, pointy object to poke out the corners, and roll the fabric between your fingers to get an even turned out edge.
- Turn the fabric of the opening under 1/2" before pinning together to close the gap, press lightly.
- Topstitch around the outer edge, 1/4" from the edge.
- At the corners, use an erasable marker to mark a dot 1/2" in from each edge.
- Place another mark 1/2" in from the edge, on the longer edge, centred between the two corner marks.
- Repeat steps above for the remaining strap cover.
- You may also like to handstitch the turned under opening, for a neater finish.



- Use an Awl or sharp pointed tool to poke holes in the fabric on the 6 dots marked.
- On one side of the Strap Cover install 3 Female Snaps down one vertical edge.

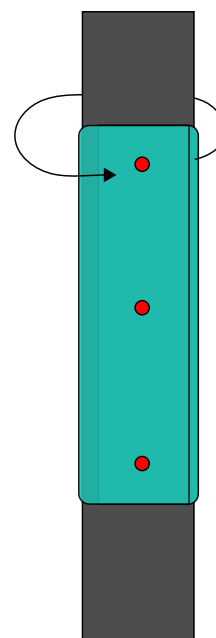


- Flip the strap cover over so the other fabric choice is facing up and install 3 Male Snaps down the opposite vertical edge.
- The snaps on each vertical edge need to be facing the opposite way through the fabric, so one vertical edge will have the male/female part showing and the other vertical edge will have the smooth snap head showing.

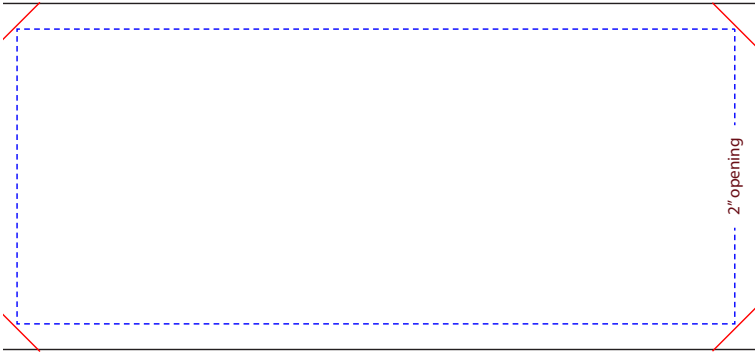


Place the Strap Cover under the strap, wrap one side of the strap cover over the strap, then wrap the other side of the strap cover over the strap so the snaps meet. Press snaps together.

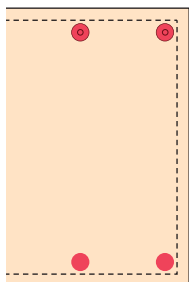
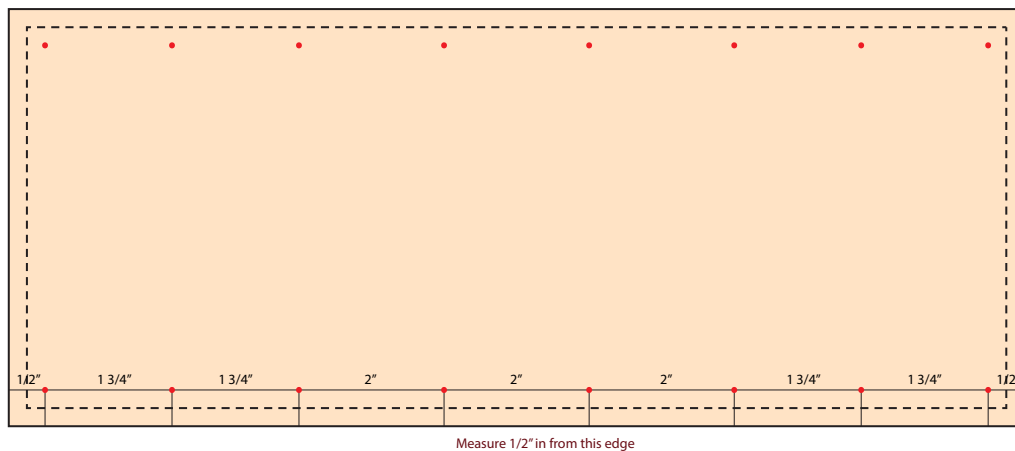
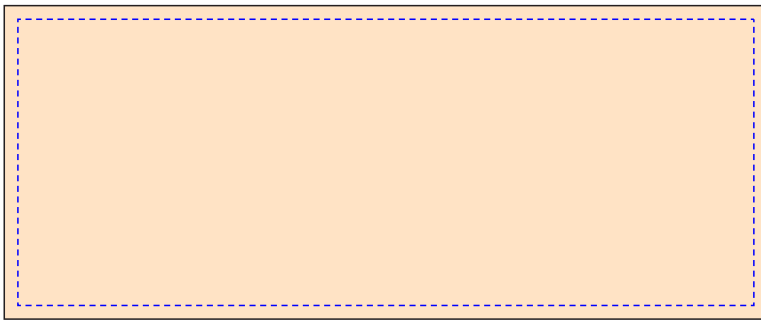
Your Strap Covers are complete!!



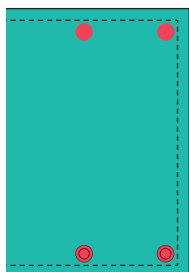
Belly bar cover



- Pin layers together using methods on [page 13](#).
- Stitch around edge using 1/2" seam allowance, leaving a 2" opening on one short edge for the turn out hole.
- Trim corners on a diagonal close to the stitching, trim remaining seam allowance to 1/4".
- Pull fabric gently through the turnout hole so that fabrics are right side out.
- Use a blunt pointy object to poke out the corners, roll seam between your fingers to get a neat turned out edge, pin/clip.
- Fold the edges of the turnout hole under 1/2" before pinning together.
- Sew a line of topstitching at 1/4" around the entire edge.
- The topstitching should catch the turned under edges of the turnout hole, but you may like to handstitch as well to neaten.



Female



Male

- Referring to the picture above, use a quilting ruler to measure and mark where the snaps will go on the cover.
- All snaps are 1/2" in from the long edge.
- Follow the measurements on the bottom edge, mark the snap placements like the top edge.
- Use an Awl or sharp pointed object to poke a hole through the fabric layers for the snaps to go through.
- Install the female snaps on the top edge.
- Turn the cover over and install male snaps on the bottom edge, so the snaps are facing the opposite direction to the top edge.

The Belly Bar Cover is complete, time to put it on your pram.

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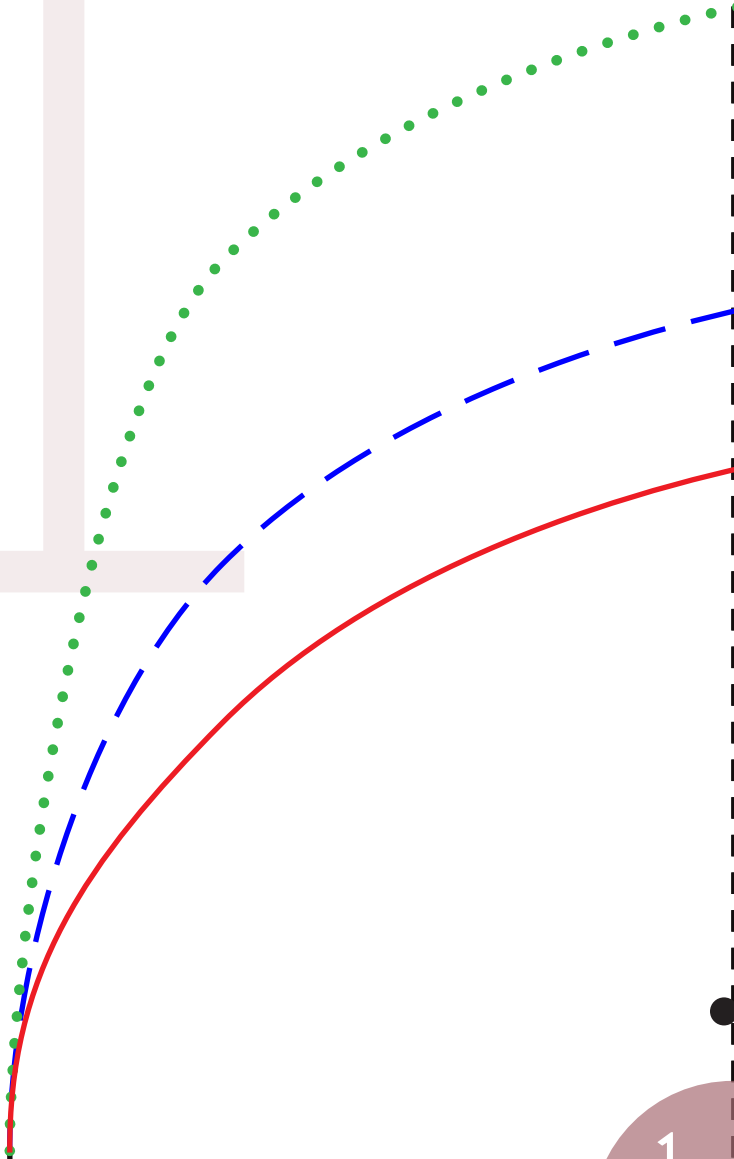
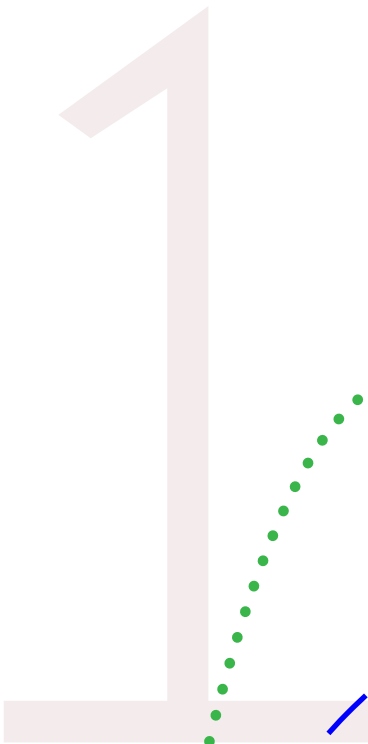
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Email

muffyduck3@gmail.com



Vista Toddler

Alta

Vista Rumble

PRAM LINER PATTERN

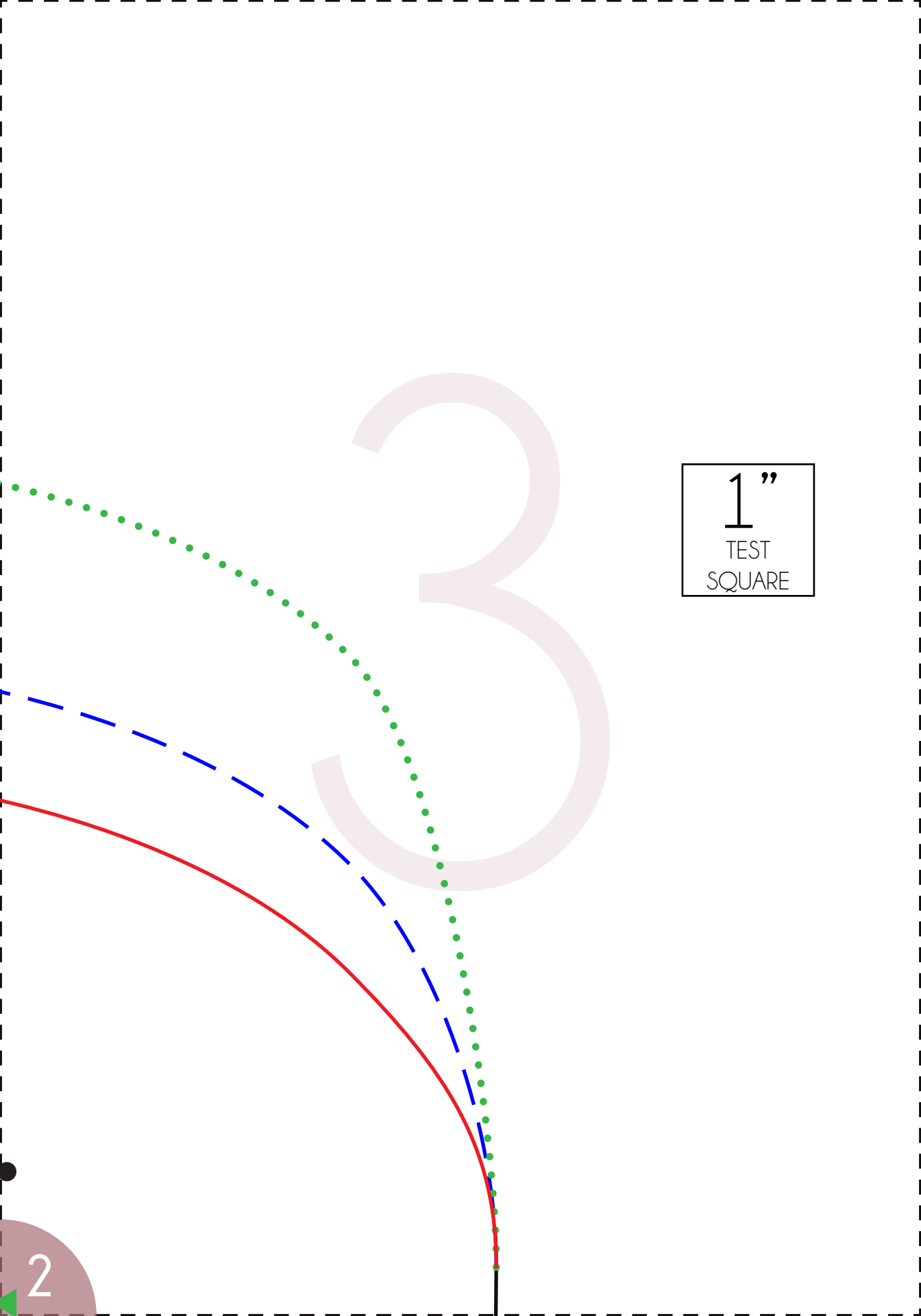
Uppababy Vista & Alta



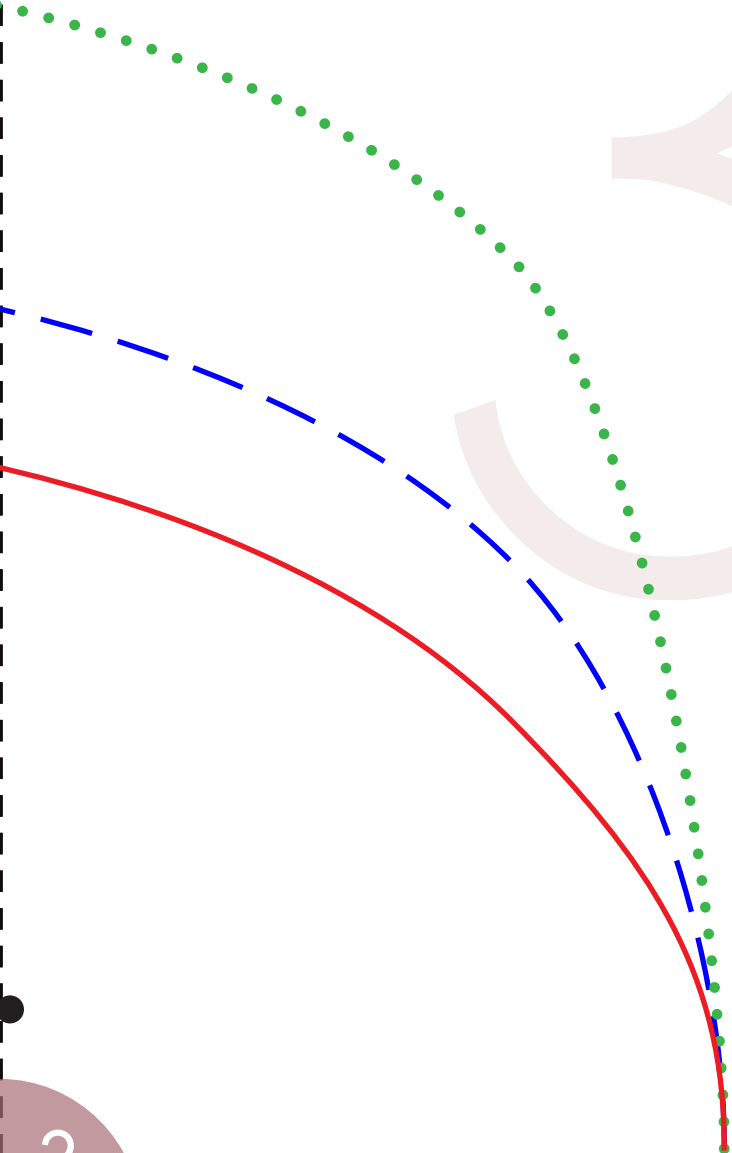
muffy duck
DESIGNS

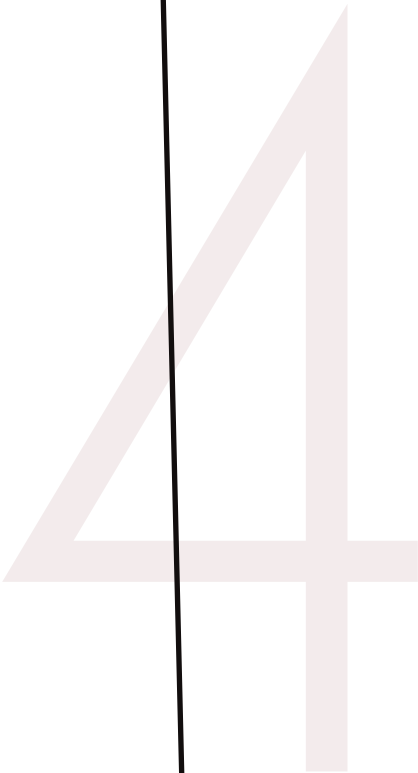
1

2



1"
TEST
SQUARE





1

2



Vista Rumble
& Alta



Vista Toddler



Cut - 2 Fabric

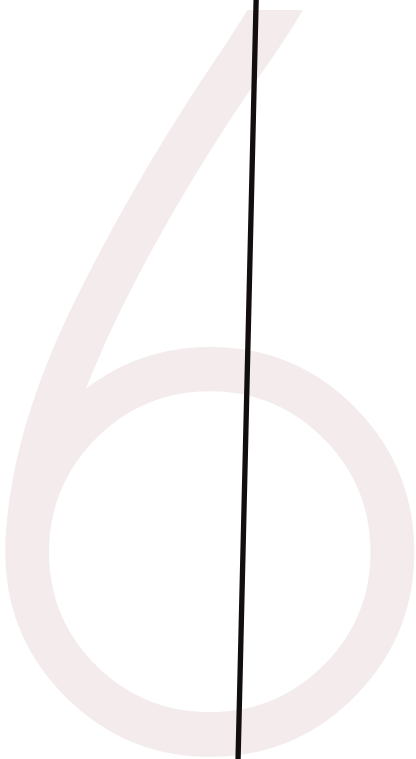
- 1 Wadding

- 1 PUL (Optional)

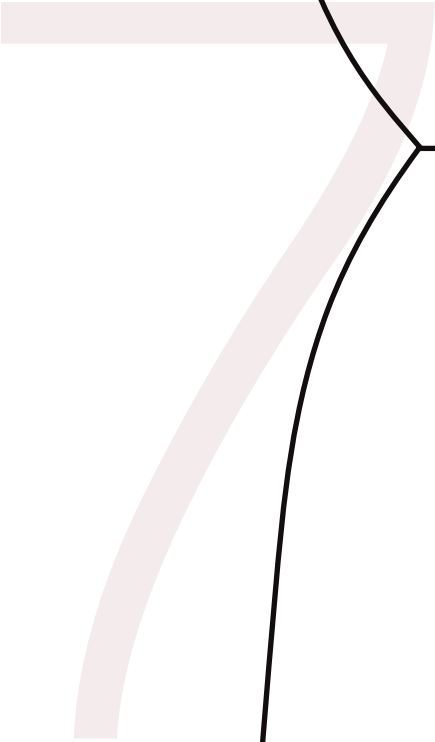
3

4

2



4



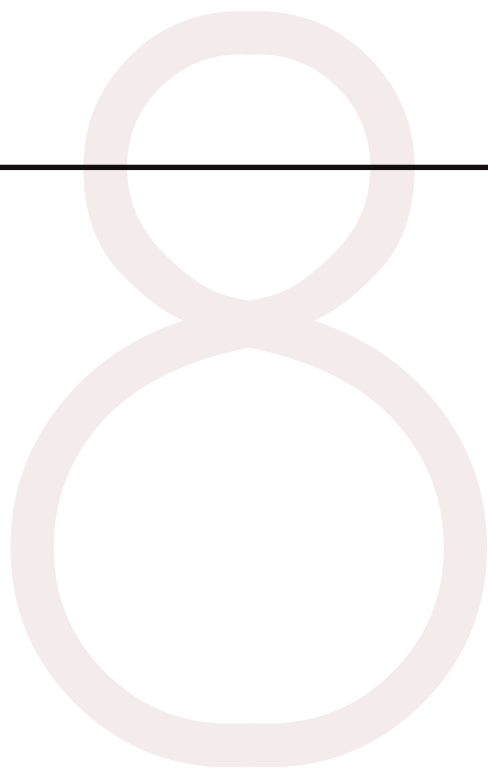
3

5

3



4



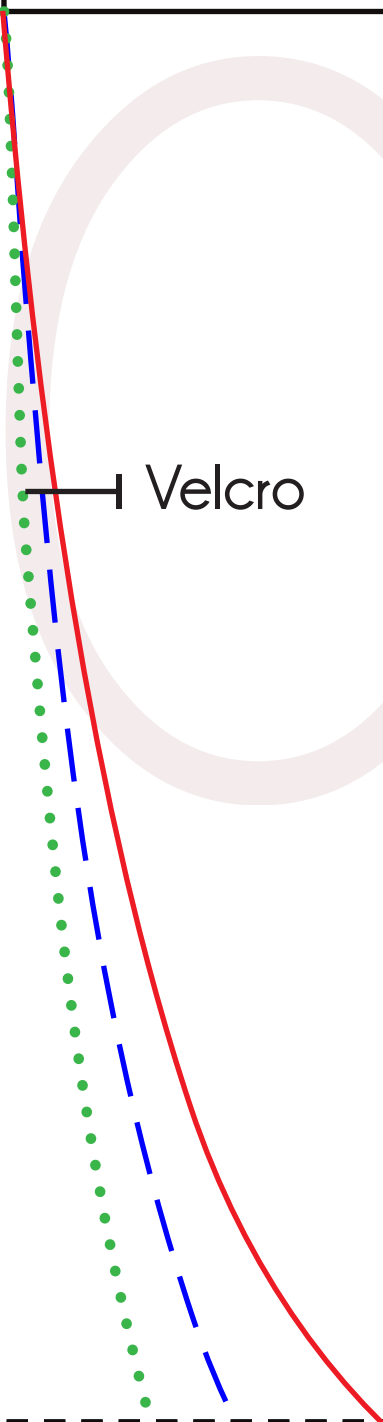
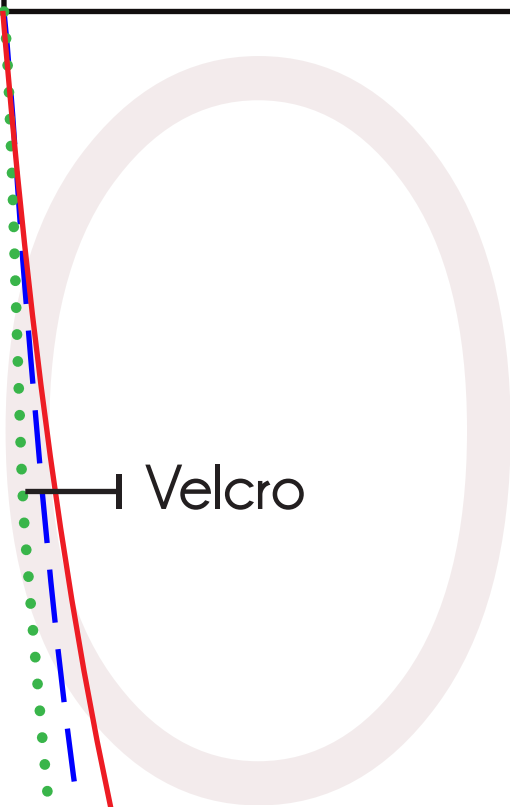
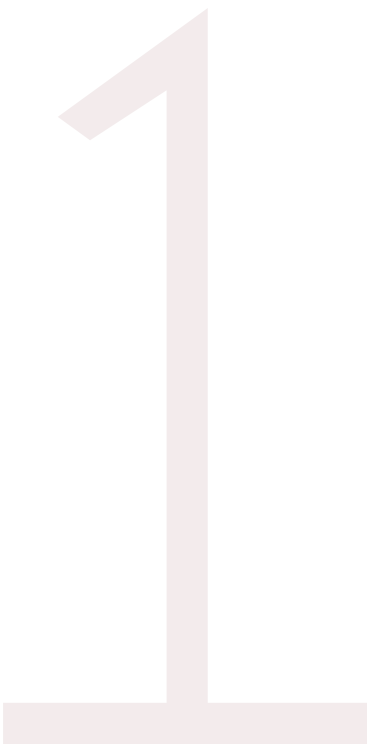
5

6

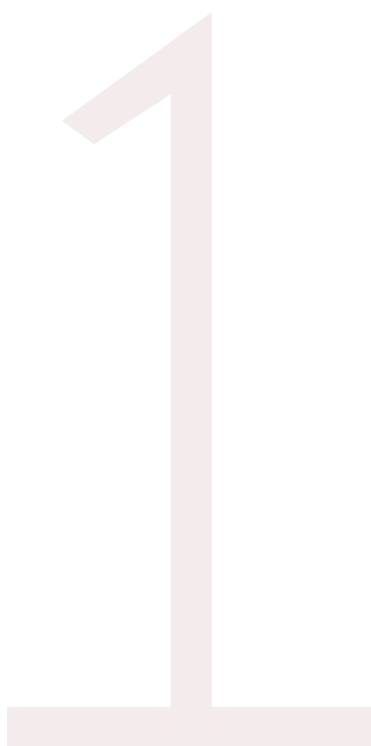
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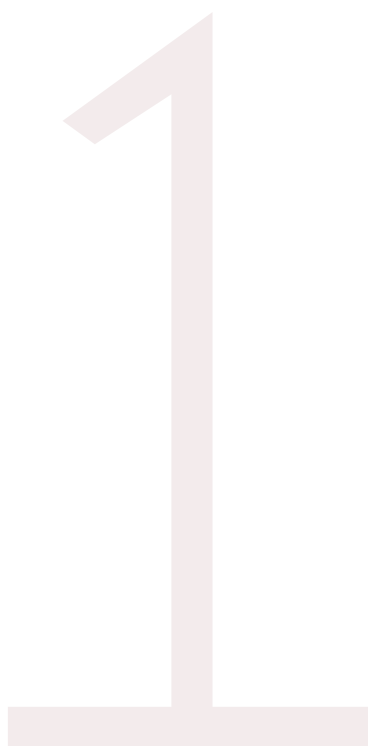
6



Velcro



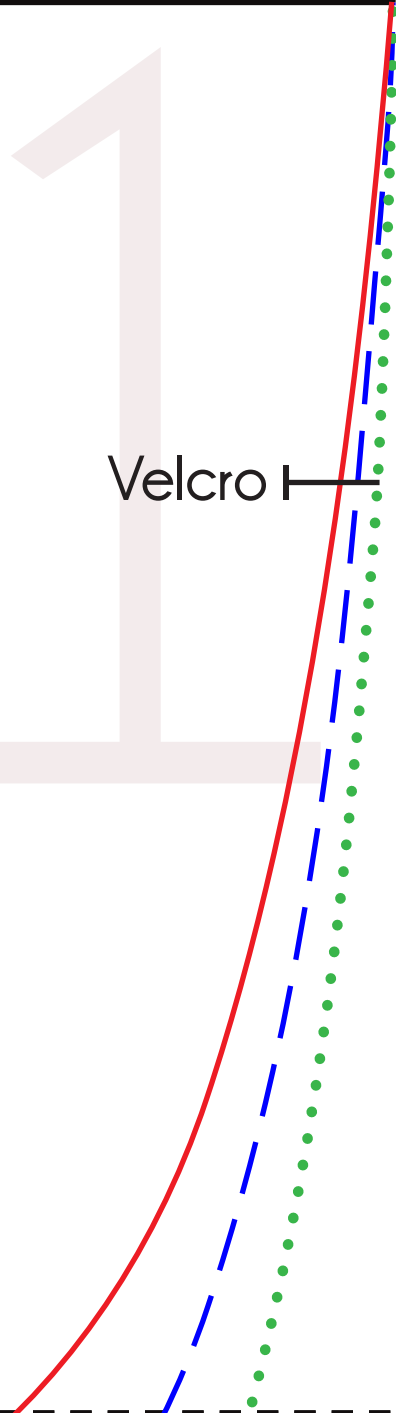
Grainline



6



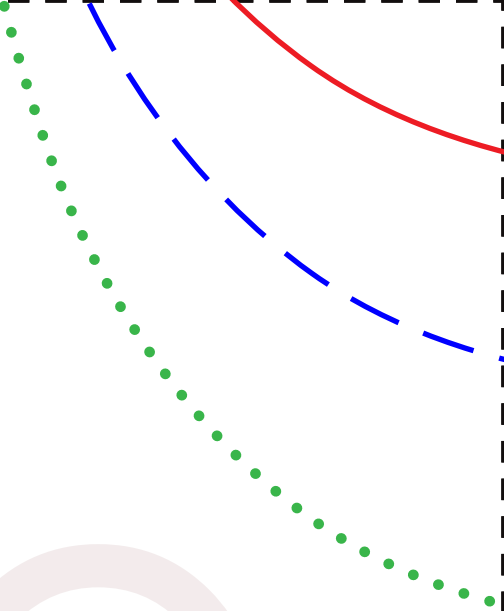
Velcro





1

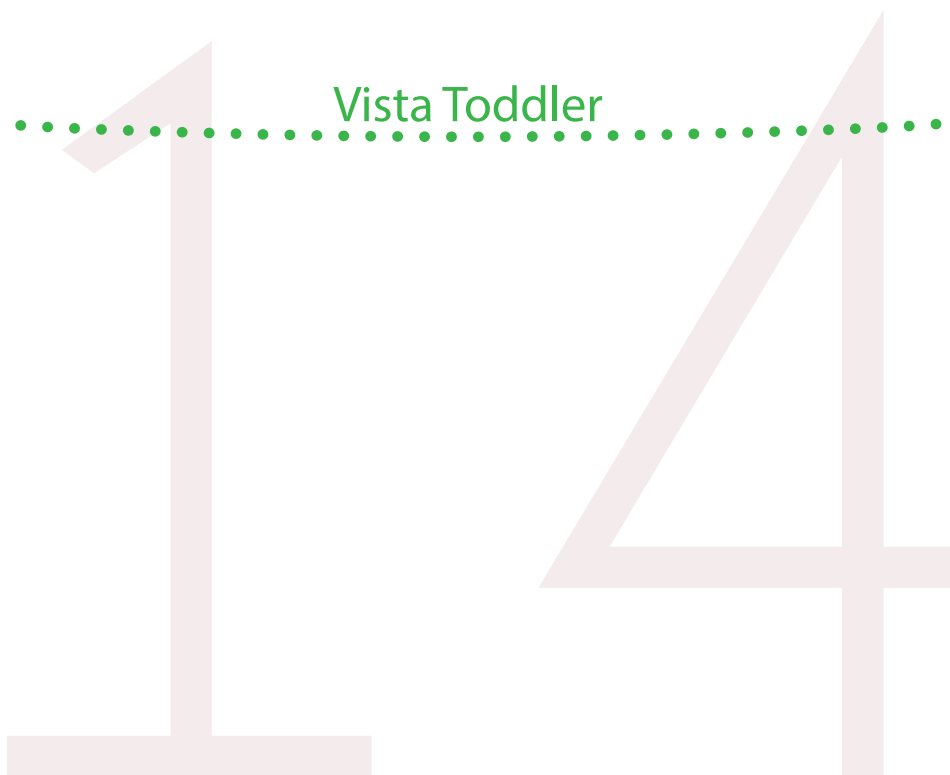
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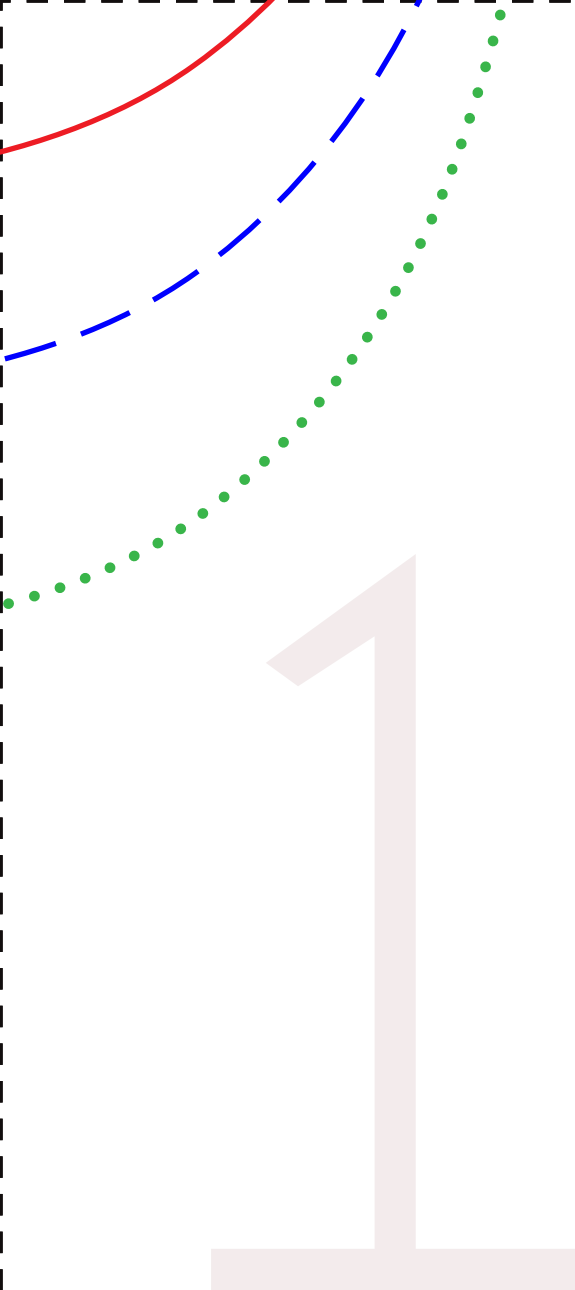


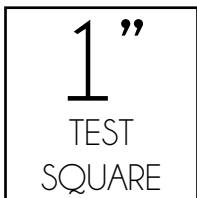
Vista Rumble

Alta

Vista Toddler







1



6

Uppak

Baby Belly Bar Cover

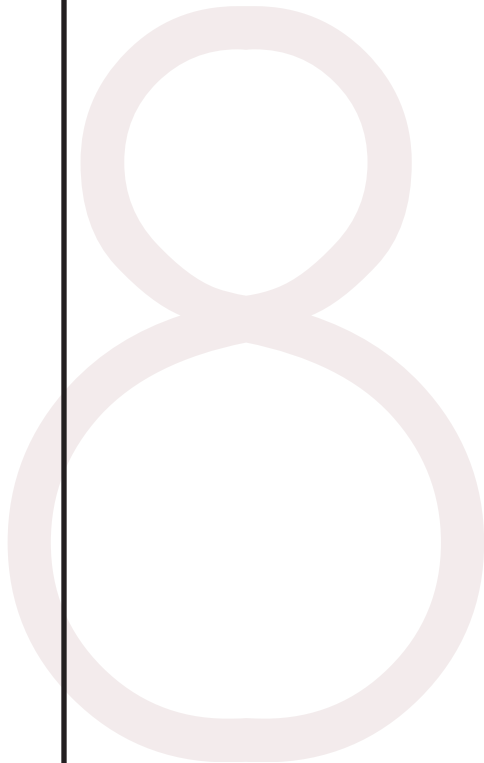
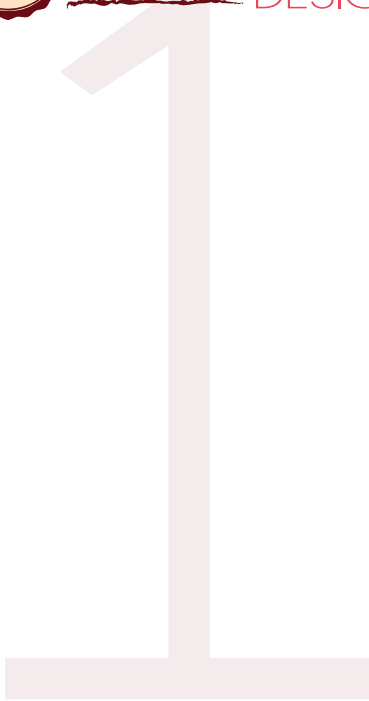
- Cut**
- 2 Fabric (1 of each fabric)
 - 1 Wadding

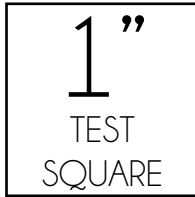
or measure 15"w x 6 3/4"h





muffy duck
DESIGNS





muffy duck
DESIGNS

Strap Covers

Cut - 4 Fabric

(Cut 2, of each fabric used for each side)

- 2 Wadding

or measure 6 1/2"w x 7"h



1"

TEST
SQUARE



Non slip straps

Cut - 2 Fabric

or measure 4"w x 7"h

